

## 15. Initial Assessment

This form will provide a benchmark of your current wellbeing and help us understand what you would like to achieve from this project. There is a section at the end to highlight any additional issues/concerns that you might have so that we may look to signpost you to additional support.

Name:

Name of project and dates of participation:

Veteran     Serving     Veteran WIS     Serving WIS   
 Dependent     Other.....

**What do I hope to gain from this project? (Tick all that apply)**

<b>Improved wellbeing</b>	<input type="checkbox"/>	<b>New skills / experience / knowledge</b>	<input type="checkbox"/>	<b>Focus for ideas for future employment / education</b>	<input type="checkbox"/>
<b>Improved employability prospects</b>	<input type="checkbox"/>	<b>Improved confidence</b>	<input type="checkbox"/>	<b>Meet new people</b>	<input type="checkbox"/>
<b>Being part of a team/expand network ...</b>	<input type="checkbox"/>	<b>I am particularly interested in</b> <i>(please circle all that apply)</i> Excavations    Photography    Drawing    Conservation Geophysical survey    Landscape survey    Research			

**How do I feel about the following at the moment? (Please circle)**

	Poor	Not very good	Okay	Good	Very good
<b>My current wellbeing:</b>					
<b>My confidence overall:</b>					
<b>How I feel about my employability prospects:</b>					
	Always	Most of the time	Sometimes	Occasionally	Not at all
<b>Feeling isolated:</b>					
<b>I feel valued:</b>					

**Recommendations made by Facilitator for onward referral:**  
(e.g. signposting to keyworker)

**Date of initial review:**

Signed  
(Role.....)

.....

Signed  
(beneficiary).....